



香 港 睡 眠 醫 學 會

THE HONG KONG SOCIETY OF SLEEP MEDICINE

## Sleep Review Course

*A comprehensive 3-day review course on  
Sleep Medicine*

*Oversea speakers-*

*Professor Clete Kushida, Medical Director of Stanford  
Sleep Medicine Centre;*

*Dr Sharon Keenan, Director of the School of Sleep  
Medicine*

*Topics covered-*

*Sleep-disordered breathing, hypersomnia, parasomnia,  
insomnia and polysomnography...All you need to know  
about Sleep Medicine!*

**Fee: \$ 4,000**

**Deadline of registration: 23 September 2013**

Date	Venue
3 Oct & 4 Oct 9AM to 5PM	Lecture Theatre, Yu Chun Keung Memorial Building, Kwong Wah Hospital
5 Oct 9AM to Noon	Park Lane Room, 27/F Park Lane Hotel, Causeway Bay, Hong Kong
5 Oct PM	HKSSM Annual Scientific Meeting 2013 Park Lane Hotel, Causeway Bay, Hong Kong

## ***HKSSM Sleep Review Course Program at a glance***

**3 OCT (Thu)** Venue: Lecture Theatre, Yu Chun Keung Memorial Building, Kwong Wah Hospital

Time Topics  
09:00-1300 Basics of sleep and wakefulness  
Sleep staging and sleep architecture  
Adult & Paediatric scoring rules  
Insomnia

13:00-14:00 Lunch

14:00-17:15 Sleep and medical disorders  
Hypersomnias and Narcolepsy  
Sleep-related breathing disorder (SRBD): presentation & evaluation

**4 OCT (Fri)** Venue: Lecture Theatre, Yu Chun Keung Memorial Building, Kwong Wah Hospital

09:00-1300 SRBD management  
Circadian rhythm disorders  
MSLT and MWT interpretation  
Artifacts and other sleep events in PSG

13:00-14:00 Lunch

14:00-17:15 Pediatric sleep disorders  
Sleep and neurological diseases  
Restless leg syndrome and periodic leg movement

**5 OCT (Sat)** Venue: 27/F, The Park Lane Hotel, Causeway Bay, Hong Kong

09:00-12:30 Sleep and medications  
Sleep and psychiatric diseases  
Parasomnias  
Interpretation of actigraphy

12:30-13:45 Lunch

13:45-17:00 HKSSM Annual Scientific Meeting



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### APPLICATION FORM

#### 1. Personal details (in block letters):

Name (English): \_\_\_\_\_

Name (Chinese): \_\_\_\_\_

Address: \_\_\_\_\_

Tel: \_\_\_\_\_ Email: \_\_\_\_\_

#### 2. Job information

Position: \_\_\_\_\_

Specialty: \_\_\_\_\_

Department: \_\_\_\_\_

Institution: \_\_\_\_\_

#### 3. Payment

Cheque No. \_\_\_\_\_ Bank: \_\_\_\_\_

\* Cheque (HKD 4,000) should be payable to "The Hong Kong Society of Sleep Medicine Limited"

Are you currently a HKSSM member?  Yes  No

I will also join the lunch and HKSSM Annual Scientific Meeting (5 Oct 2013 PM at the Park Lane Hotel, free of charge)

I will not participate in the HKSSM Annual Scientific Meeting.

*(Please send the application form along with the cheque to Dr Joyce Lam, Department of Psychiatry, Shatin Hospital, NT, Hong Kong, on or before 23 Sep, 2013.)*