



香 港 睡 眠 醫 學 會
THE HONG KONG SOCIETY OF SLEEP MEDICINE

Second Fellowship Examination of Sleep Medicine

Background

The Sleep Examination Board of the Hong Kong Society of Sleep Medicine (HKSSM) would like to invite specialists who have been working in the field of sleep medicine, including pulmonary physicians, psychiatrists, ENT surgeons, paediatricians, and other specialists, to participate in this Fellowship Examination in Hong Kong.

Sleep medicine has evolved rapidly to become a new medical specialty that has been increasingly recognised all over the world. In the past two decades, our specialists of the Society coming from different medical background have been trained, working, and publishing research work in the field of Sleep Medicine.

The Sleep Examination working group was first formed in 2010, following our participation in the International Sleep Examination Committee meeting initiated by the American Academy of Sleep Medicine, which was held at the Sleep Conference in San Antonio in June 2010. The working group served as a transitional committee leading to the First Fellowship Examination which was held on 23 Nov 2013. The Sleep Examination Board of the Hong Kong Society of Sleep Medicine was finally established at our General Annual Meeting in Oct 2014.

The Fellowship Examination program aims at:

- 1) promoting the recognition and development of sleep medicine in Hong Kong,
- 2) setting an assessment and examination system that conforms with the current international standards,
- 3) strengthening the collaboration between specialists with different medical background, so as to excel the care of patients with sleep related breathing and sleep disorders.

Eligibility criteria

The Sleep Examination Board has set up the following eligibility criteria for the candidates of this Fellowship Examination:

- a) A qualification registrable in Hong Kong under the Medical Registration Ordinance; and
- b) Registered in the Specialist Register in the relevant specialty of the Medical Council of Hong Kong
- c) Taking care of patients with sleep related breathing and sleep disorders on regular basis for at least in the past 3 years
- d) Being a member of the HKSSM for at least 3 years and being an active member for at least 1 year

The Fellowship Examination

HKSSM Sleep Examination Board is in collaboration with the World Sleep Federation (WSF) to conduct this Fellowship examination.

It is a written examination of 100 multiple choice questions (MCQs), to be completed in 2 hours. There are 2 parts: Part 1 - 50 MCQs on Basic Science of Sleep, and Part II - 50 MCQs on Clinical Sleep Disorders / Scenarios. A significant proportion of these questions are related to practical polysomnographic interpretation.

The passing mark is 60 / 100 as determined by HKSSM Sleep Examination Board. Appeal could be made to the Examination Board after the announcement of final results, and it is all subject to the final decision made by the Examination Board.

Deadline of application for this Fellowship examination is on **30 Apr, 2015**. Eligible candidates will be informed by email in **May 2015** in order to sit for the examination in **November 2015**.

Preparation for the Fellowship Examination

Tutorial classes will be arranged on alternate Saturdays from **May to July 2015**. Candidates are expected to do self-study based on the materials and syllabus suggested by the HKSSM Sleep Examination Board. An intensive two-and-half day review course will be organized from **15 to 17 October 2015**, and the Fellowship examination will be held on **28 Nov 2015 (Saturday)**, in Hong Kong.

Certificate of HKSSM Fellowship

Candidates who pass the Board Examination of Sleep Medicine would be awarded "Fellowship of the Hong Kong Society of Sleep Medicine". In the foreseeable near future, this certification is non-quotable under the Hong Kong Medical Council. However, this Fellowship certification would represent an important hallmark in the development of sleep medicine in Hong Kong.

Application

The application form could be downloaded from the HKSSM website. Members of the HKSSM will be notified by emails on regular basis for further information. The latest news of this examination will be posted on our website from time to time.

For all other enquiries, please write to HKSSM contact email: hksleepmed@hotmail.com.