

Asian Society of Sleep Medicine Interim Meeting

in conjunction with

the 2026 Hong Kong Society of Sleep
Medicine Annual Scientific Meeting

Target Audience

Clinicians, researchers,
medical practitioners,
frontline mental health workers

Full-day workshop
Conducted in English

Date: 11 Sept 2026

Time: 9am – 6pm

Polysomnography (PSG) & Positive Airway Pressure (PAP)

Henry Cheng International Conference Centre
Cheng Yu Tung Building, CUHK, Shatin

Programme Highlights

- Introduction to Sleep Studies:
Polysomnography (PSG), Multiple Sleep Latency Test (MSLT), Maintenance of Wakefulness Tests (MWT), and Home Sleep Test (HST)
- Signal recognition, Adult Sleep Staging & EEG Arousal Scoring
- Scoring of Respiratory events
- Scoring of Motor events
- RBD updates and RSWA scoring

Speakers

Dr. Kate CHAN

(Associate Professor/CUHK)

Dr. Xie Chris CHEN

(Postdoctoral Fellow/CUHK)

Dr. Kah Lin CHOO

(Consultant/NDH)

Dr. Yaping LIU

(Professor/ Guangzhou Medical University)

Ms. Mei Ying CHEUNG

(RPSGT/HKSH)

Mr. Chi Fong Terry CHIU

(RPSGT/QEH)

Mr. Kwok Wah Crover HO

(RPSGT/CUHK)

Ms. Kwai Ho Venny LAM

(RPSGT/SH)

Ms. Ka Yan CHAN

(RPSGT/SH)

Mr. Yun Sang Alex SUM

(RPSGT/UCH)

Mr. Wai Tong TANG

(RPSGT/PYNEH)

For More Details/Enquiries



<http://assm2026-hk.com/>



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